



“NATURAL HORMONE BALANCER”

“Be happy and be yourself”

1. FEATURES

GINEVITEX is a Holistic Gynecological preparation from the Vitex Agnus Castus plant, a shrub native to the Mediterranean shoreline, member of the Verbenáceas family.

An ally of women’s health, working from the pituitary gland in balancing the workings of the endocrine system: adrenals, thyroid, bone-muscle growth and sex hormones in the ovaries and breasts. It contains phytoestrogens and creates a state of wellbeing, mimicking the action of dopamine and increasing the production of endogenous endorphins with their sedative action.

balances the body on the physical, emotional and energetic levels; helping you recognize that you can control the thoughts and emotions that influence the hormonal flow in your body.

Recuperating and balancing the female essence and facilitating a pleasurable connection with Life. The mediterranean plant **that regulates the dance of the female hormones.**

2. COMPOSITION

Plants develop a range of active ingredients throughout the year. All these compounds together are more therapeutic than the purified individual extracts.

GINEVITEX is a handmade tincture with 48% *orujo* as its base, macerated from the New (dark) Moon to the Full Moon. With leaves (harvested in spring) and fruit (harvested in autumn). In each harvesting we honour the plants, giving thanks. With flowers (harvested in summer) a flower essence is prepared using Dr. Bach’s method and it is included in the final preparation.

It retains its properties for three years.

*The virtues of the Flower Remedy “Agnus castus Flower” are:

-Energy of Creative self-healing;

-Regulates Sexual Energy, inducing the most sacred and Loving energies.

-Help in the reconciliation with one’s own femininity and menstrual cycle.

3. INDICATIONS. Ingest on an empty stomach, most effective if taken regularly. Depending on the symptoms take 15 drops in half a glass of water , juice or infusion between 1 to 3 times daily. We recommend shaking before each use to vitalize its healing properties.

4. DOSAGE. Each woman has to find the right dosage based on her own symptoms. As it is a regulating plant, it is most effective when taken consistently over a period of time.

-Premenstrual syndrome. Is a cyclical and recurring set of various physical, emotional and behavioral symptoms that interfere with a woman’s life which appear 7 to 14 days before menstruation. It is caused by a lack of progesterone and high levels of prolactin. It is the luteal phase of the cycle, *a period of evaluation and reflection over difficult issues that need to be changed.* Take 15 drops one to three times a day before each meal from the onset of ovulation.

-Dismenorrhea. Menstruation with pain in the lower back accompanied by cramps and a colicky pain in the lower abdomen and other symptoms. Prostaglandin (PG) released into the blood is the hormone responsible for producing contractions and cramps in the womb. *Decreases life force. Purifies, revitalises and transforms life.* Take 15 drops over 3 times a day, best before symptoms appear.

-Supporting Natural Female Fertility. *Ovulation represents creativity to its fullest extent.* ViteXaloc balances the production of the luteinizing hormone (LH) and Follicle Stimulating Hormone (FH), developing oocytes in the ovary and egg maturation and release. Take 20 drops each day on an empty stomach.

-Labour, post birth and post abortion. Discomfort caused by contractions of the uterus and cervix. Sudden hormonal changes with physical and emotional pains. Accompany the process taking the tincture 2 time a day.

-Menopause (Hot flushes, mood swings, anxiety). *Opportunity to create life from the true, deep and free wisdom of your Women.* 15-20 drops first thing in the morning on an empty stomach and again at bedtime.

-Depression, insomnia, tachycardia and palpitations. *Lost control, security and tranquility in one to understand processes.* 20 drops first thing in the morning on an empty stomach and 20 drops before bedtime.

-Irregular Menstruacion, acne, menorrhagia (heavy menstruation) and amenorrhea (absence of menstruation). 20 drops every day on an empty stomach.

Polycystic-Ovaries, Acne: higher than normal androgen levels, may have facial hairiness. Progesterone is lacking, the eggs do not reach full maturity. Hormone levels remain static. *Check beliefs about Women in Society, being cyclical and fertile.* Take 15 drops in the morning and 15 at night.

-Endometriosis and fibroids: tissue similar to the endometrium (the lining of the uterus) growing outside of the womb. These tissues bleed during menstruation and cause severe pain. Endocrine disruptors in environmental pollution raises the level of estrogen. *Adressing the deepest emotional needs.* 20 drops on an empty stomach, best taken at the same time each day.

-Hypothyroidism And hiperthyroidism: Allow one to express themselves freely and creatively. Take 20 drops each day on an empty stomach.

5. PRECAUTIONS

NOT compatible with contraceptives or hormone treatment.

Do not be taken in case of tumors in the pituitary gland and breast cancer.

Not compatible agonists or antagonists of dopamine (a type of antidepressant).

CONTACT

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